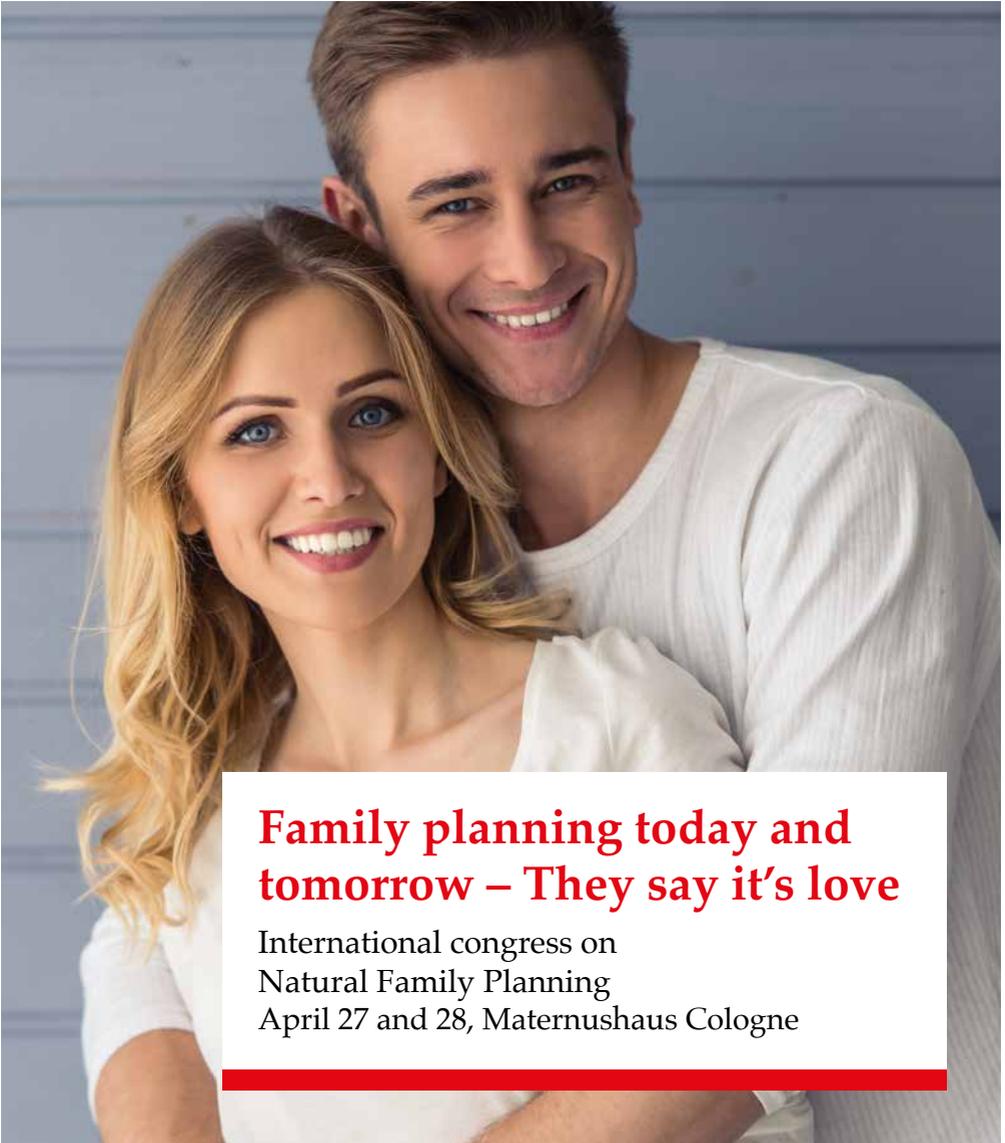




Malteser

...weil Nähe zählt.



Family planning today and tomorrow – They say it's love

International congress on
Natural Family Planning
April 27 and 28, Maternushaus Cologne

sensiPLAN

Organiser: Malteser Arbeitsgruppe NFP

Cooperation partners: Section Natural Fertility of the German Society of Gynecological Endocrinology and Fertility Medicine

Welcome to the International NFP Congress 2018 in Cologne

The NFP team has been doing successful work under the roof of Malteser Deutschland for nearly 30 years. In addition to the worldwide quality assurance of the NFP offer under the (protected) trademark Sensiplan, they can look back on many successful projects both national and international during this period.

As part of the Malteser group, we have always viewed the national and international activities of the Arbeitsgruppe NFP (which belongs to the „Promotion of Health and Prevention of Diseases“ division in the Malteser network) as an essential contribution in the topic of „responsible parenthood“, and in that we have seen an evidence-based, scientifically effective offer in the area of (natural) family planning in our healthcare system.

Enabling women and men to know more about their own bodies and their own fertility so that they can apply them together responsibly – and, moreover, helping them to become informed and competent contact partners of/for medical professionals – this is a task which corresponds with our self-image as members of the Maltese group and, with it, as part of the Church.

The international status of the NFP Congress 2018 – the fourth of its kind which has been organised by the Arbeitsgruppe NFP ever since it was founded – is a sign that we, together with many other players, don't just do teaching and research; we also seek dialogue with each other in a globalised society, for the purposes of exchanging experiences and knowledge, learning from each other and promoting the implementation of Natural Family Planning as an effective and serious alternative in our healthcare systems, and in our civil society, even more intensely than before.

I hope all participants in this international NFP congress will enjoy two informative days with up-to-date knowledge, exciting discussions and sufficient opportunity for exchange of experiences on a national and international level.



Dr. Franz Graf Harnoncourt
CEO of Malteser Deutschland

Program

Congress language: German & English

Presentations (simultaneous interpreting), Workshops (consecutive interpreting)

Friday, April 27th, 2018

10.00

Opening and welcome

Cornelius von Fürstenberg, Cologne

Moderator:

Prof. Dr. med. Christoph von Ritter,

Prien/Chiemsee

Seba Jasmin Jürgens, Köln

10.30

Family planning in the global context

Welcome to life – Family planning in different cultures and in the context of migration and religion

Dr. med. Ursula Sottong, Cologne

11.15

Coffee Break

11.45 – 13.00

New findings on fertility

Chair: Dr. med. Siegfried Baur, Straßlach

11.45

Regulation of the cycle: Hormones and genetics

Prof. Dr. med. Christian Gnoth,

Grevenbroich

12.05

Different factors that influence and/or interfere with fertility

Dr. med. Alexander Freis,

Heidelberg

12.25

Ovarian reserves in women's reproductive lives

Dr. med. Tanja Freundl-Schütt, Düsseldorf

12.40

Infertility in men – Experiences from practice for urology and andrology

Dr. med. Horst Herrmann, Schwetzingen

13.00 – 14.00

Lunch break with hotspot

14.00 – 14.45

Discussion on natural methods

Chair: Prof. Dr. med. Günther Freundl, Düsseldorf

14.00

Understanding the efficacy of family planning methods

Dr. med. Ursula Sottong, Cologne

14.15

Established and new cycle parameters: What will the future bring?

Dr. med. Lisa-Marie Wallwiener, Munich

14.30

Cycle tracking Apps – interesting, but ...

Dr. med. Petra Frank-Herrmann, Heidelberg

14.45 – 15.15

Coffee break with hotspot

Program

Friday – continuation

15.15 – 18.00

Brief communication: Natural family planning in the field

Practical experience

Chair: Prof. Dr. med. Christoph von Ritter, Prien/Chiemsee

- Africa – Dr. med. Felix Küchler, Salgesch/Switzerland
- Belgium – Jacqueline van de Walle, Mortsels/Belgium
- China – Yan Zhang, Cheng Du/SiChuan
- East Timor – Sevinj Wittershagen, Bonn
- Russia – Natalja Petruhhina, Tallinn/Estonia; Nastassia Sidarava, Minsk/Belarus
- Slovenia – Simona Medvescek, Presejce/Slovenia
- Sweden – Dr. Malin Söderberg, Stockholm/Sweden
- USA – Dr. Victoria Jennings, Washington DC/USA

19.00 – 22.00

Evening event

Saturday, April 28th, 2018

9.00

The culture of couple relationships

Sexual fulfillment - being a life-long gift for each other

Prof. Dr. sc. pol. Kurt Starke, Leipzig

9.40

Welcome to the digital world

Big Data, data security and data exchange 2020

Matteo Cagnazzo & Chris Wojzechowski, Gelsenkirchen

11.00 – 11.30

Coffee break with hotspot

11.30 – 12.30

Workshops

12.30 – 13.30

Lunch break with hotspot

13.30 – 14.20

Workshops – continuation

14.30 – 15.00

Plenary session

Expectations of the users

Dr. med. Ursula Sottong & Petra Klann-Heinen, Cologne

Conclusion of the conference and farewell

Prof. Dr. med. Christoph von Ritter, Prien/Chiemsee & Dr. Ursula Sottong, Cologne

Workshops

11.30 – 12.30

Workshops

I Sensiplan – Introduction to the “secrets of the method” for physicians

Dr. med. Lisa-Marie Wallwiener, Munich; Petra Klann-Heinen, Cologne

II Discussion of interesting and “difficult” cycles from practice

Dr. med. Ursula Sottong, Cologne

III Interpretation of charts in the situation of achieving a pregnancy

Dr. med. Petra Frank-Herrmann, Heidelberg

IV Interpretation of charts during premenopause

Prof. Dr. med. Günter Freundl, Düsseldorf; Kirsten Danelzik, Würzburg

V Natural family planning, sexuality and successful couple relationship

Prof. Dr. sc. pol. Kurt Starke, Leipzig; Elke Frankmeier, Solingen

13.30 – 14.20

Workshops – continuation

I Sensiplan – Introduction to the “secrets of the method” for physicians

Dr. med. Lisa-Marie Wallwiener, Munich; Petra Klann-Heinen, Cologne

II Discussion of interesting and “difficult” cycles from practice

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Malteser Arbeitsgruppe NFP

Natural Family Planning (NFP) has been a subject of criticism among doctors and scientists, and also in wide circles of the population, for many decades. More than anything else, its efficacy and practicality have been strongly doubted. This would lead to the creation of the Arbeitsgruppe NFP in 1981. Its task was, and continues to be, target-oriented development, preparation and constant updating of evidence-based information on the subject of Natural Family Planning and quality assurance of NFP teaching and consulting, as well as training of NFP teachers/consultants.

Founding

In 1981, the newly founded Arbeitsgruppe NFP found itself having to contend with several issues and tasks – tasks that could be achieved only through interdisciplinary and empirical methods. With such a background, representatives of various faculties and disciplines – medicine, psychology, pedagogic/teaching of adults, statistics, theology – were invited for discussion and collaboration.

Pilot project

From October 1981 up to May 1983, the Arbeitsgruppe NFP conducted a pilot project for NFP teacher training (originally in eleven German cities), under scientific supervision. The methodological basis of this was a variant of the “double-check method” (developed by Thyma in 1976 and evaluated by WHO), which experienced a number of additions or changes as the project progressed – on the basis of accompanying studies in the domain of method efficacy, among other things. In parallel to this, initial medical studies on the objectivity of fertility parameters observed by women as part of the NFP application were conducted.

Model project

The findings and results achieved in this pilot project became the basis for a two-phase “Model project for scientific examination and controlled mediation of natural methods of conception”, which was financed by the Federal Ministry for Youth, Family, Women and Health from 1984 to 1991.

While the initial project phase focussed on everyday efficacy of NFP and the standardised mediation thereof, the second phase focussed more on offers for different target groups and special medical issues. With this, during the second phase, the project was divided. The cycle collection that began with the first project phase, and the scientific (medical) evaluation, were assigned to the University of Düsseldorf (NFP research project) at the start of the second phase of the model project. The dissemination of scientific knowledge in the field of NFP among medical circles, political bodies, and the general population with the help of appropriate materials, and quality assurance with the education, training and further education of the NFP teachers/consultants remained the responsibility of the Arbeitsgruppe NFP.

The two mainstays of NFP work

With the completion of the model project and the achieved results, the basis for ongoing further development of the NFP work was achieved. In the following years, the Arbeitsgruppe NFP ensured consistent development of the work under the wing of Malteser Deutschland, and accompanied interna-

ional projects in (among others) Albania, Romania, Hungary, Ukraine, Estonia, Lithuania and Slovenia, and also in Mexico, Belgium and Luxembourg, and, ultimately, in the USA.

At the NFP research centre at the University of Düsseldorf, the cycle database was continuously further developed. In 2005 the NFP research project was transferred to the Department of Gynaecological Endocrinology at the University of Heidelberg. Under the umbrella of the German Society of Gynaecological Endocrinology and Reproductive Medicine (DGGEF) the section natural fertility (SNF) was established

Sensiplan - Trademark

For the purpose of demarcation and distinction amongst other natural methods, in October 2010 the Arbeitsgruppe NFP introduced the name Sensiplan for its work and the NFP method that it offers. Today, this name is a protected trademark worldwide, and it represents an evidence-based modern method of natural family planning, which is offered by certified NFP teachers/consultants not just in Europe but also in countries like China and the USA.

Speakers and moderators

Dr. med. Siegfried Baur

Ltd. Oberarzt an der I. Frauenklinik der Universität München i.R., Mitglied Sektion Natürliche Fertilität; Mitautor „Natürlich und sicher“, Straßlach

Matteo Cagnazzo

Referent & wissenschaftlicher Mitarbeiter am Institut für Internet-Sicherheit der Westfälischen Hochschule Gelsenkirchen, Gelsenkirchen

Kirsten Danelzik

Referentin für Familienplanung Diözese Würzburg/Referat Ehe- und Familienseelsorge, NFP Beraterin, Würzburg

Dr. med. Alexander Freis

Frauenarzt, Universitätsklinikum Heidelberg, Gynäkologische Endokrinologie und Fertilitätsstörungen, Heidelberg

Elke Frankmeier

Dipl. Päd., NFP Beraterin, Solingen

Dr. med. Petra Frank-Herrmann

Funktionsoberärztin, Abteilung Endokrinologie und Fertilitätsstörungen der Universitätsfrauenklinik Heidelberg, Geschäftsführerin Sektion Natürliche Fertilität, Mitautorin „Natürlich und sicher“, Heidelberg

Prof. Dr. med. Günter Freundl

Ärztlicher Direktor des Lehrkrankenhauses der H. H. Universität Düsseldorf. Düsseldorf-Benrath i.R., Leiter der Forschungsprojekte Natürliche Familienplanung

an der Universität Düsseldorf, Sprecher Sektion Natürliche Fertilität, Düsseldorf

Dr. med. Tanja Freundl-Schütt

Fachärztin in der Abteilung für Reproduktionsmedizin der Universitätsfrauenklinik Düsseldorf, Mitglied Sektion Natürliche Fertilität, Düsseldorf

Cornelius von Fürstenberg

Diplom-Forstwirt, Mitglied des Geschäftsführenden Vorstands in der Bundeszentrale des Malteser Hilfsdienstes. Verantwortlich für die operativen Dienste, den Vertrieb und das Malteser Service Center, Köln

Prof. Dr. med. Christian Gnoth

Niedergelassener Facharzt für Gynäkologie und Geburtshilfe/Schwerpunkt Gynäkologische Endokrinologie und Reproduktionsmedizin, AO Professur Medizinische Fakultät der Universität Köln, Mitglied Sektion Natürliche Fertilität, Grevenbroich

Dr. med. Horst Herrmann

Niedergelassener Facharzt für Urologie und Andrologie, Schwetzingen

Victoria Jennings

PhD, Director Institute for Reproductive Health, Professor Department of Obstetrics and Gynaecology Georgetown University, Washington

Seba Jasmin Jürgens

Schülerin, Köln

Dr. Luc Kiebooms

Monika Klann

Lehrerin, Bad Honnef

Petra Klann-Heinen

Dipl. Päd., Päd. Leitung Malteser Gesundheitsförderung & Prävention, NFP Beraterin, Köln

Dr. med. Felix Küchler

MSc Health Promotion, Vorstandsmitglied von Medicus Mundi Schweiz, Projektleiter NFP in Afrika, Salgesch/Schweiz

Simona Medvescek

Baby Stork, NFP Beraterin Preserje/Slowenien

Natalia Petruhhina

International centre for reproductive health „Blessed to be together“, Tallinn/Estland

Nastassia Sidarava

International centre for reproductive health „Blessed to be together“, Minsk/Weißrussland

Dr. Malin Söderberg

PhD Reproductive Health Care, Krankenschwester und Hebamme, Leiterin der Abteilung Natural Family Planning and Fertility Awareness methods, Stockholm/Schweden

Dr. med Ursula Sottong

MPH MSc, Abteilungsleitung Malteser Gesundheitsförderung & Prävention, Mitautorin „Natürlich und sicher“, Köln

Prof. Dr. sc. pol. Kurt Starke

Leiter am Zentralinstitut für Jugendforschung Leipzig em., Leipzig

Dr. med. Jacqueline van der Walle

NFP Zentrum in Mortsel (Belgien)

Prof. Dr. med Christoph von Ritter

PhD, AGAF, Chefarzt Medizinische Abteilung RoMed Klinik Prien am Chiemsee, apl. Professor Medizinische Fakultät Ludwig-Maximilians-Universität München

Dr. med. Lisa-Marie Wallwiener

Assistenzärztin an der I. Frauenklinik der Ludwig-Maximilians-Universität München (Prof. Mahner), Schwerpunkt Geburtshilfe, Mitglied Sektion Natürliche Fertilität, München

Dr. med. Sevinj Wittershagen

Oberärztin Gynäkologie und Geburtshilfe am Malteser Krankenhaus Bonn/Rhein-Sieg, Bonn

Chris Wojzechowski

Referent & wissenschaftlicher Mitarbeiter am Institut für Internet-Sicherheit der Westfälischen Hochschule Gelsenkirchen, Gelsenkirchen

Yan Zhang

Part-time postgraduate student of applied psychology at Nankai University. Founder of ChengDu Natural Way Tech Com., Ltd. Sichuan/China

Congress Registration

International Conference on Natural Family Planning 2018

April 27 and 28, 2018
Maternushaus, Cologne
Kardinal-Frings-Str. 1-3
50668 Köln

Participant Fee

130 Euro (without accommodation costs) plus 35 Euro if you will attend the evening event

The following conditions apply to the congress:

Registration for congress and where appropriate the evening event is valid after the full payment has been credited to the congress account.

Arrange for the amount for the congress and the evening event to be transferred (within 15 days after registration) to the following Malteser Congress account :

Malteser Deutschland
Bank für Sozialwirtschaft Köln
BIC: BFSWDE33XXX
IBAN: DE40370205000002900100
Purpose: NFP Congress 2018

Please fill out form and return by post, e-mail or fax to:

Malteser Deutschland gGmbH | Arbeitsgruppe NFP
Erna-Scheffler-Str. 2, 51103 Köln
Fax: +49 221 / 9822-5894934
E-mail: nfp@malteser.org
www.nfp-online.de

Workshops April 28, 2018

10.30 am until 12 pm

Of the following 5 workshops, please select your 3 choices and rank them in order of preference (1-3)

- Sensiplan – introduction into the “secrets of the method” for physicians (English/German – consecutive)
- Discussion – interesting and “difficult” cycles (English/German - consecutive)
- Interpretation of charts in the situation of achieving a pregnancy (English/German – consecutive)
- Interpretation of charts during premenopause (English/German – consecutive)
- Natural family planning and successful couple relationship (English/German – simultaneous)

I will attend the evening event on April 27 with a finger food (Fee 35 Euro):

Yes No

I hereby agree that the Malteser Arbeitsgruppe NFP stores and processes my personal data for the purpose of the organization and running of the NFP congress 2018. The data storage and data transmission may be informally contradicted. You may, at any time, revoke your consent for Malteser, Arbeitsgruppe NFP, Erna-Scheffler-Str. 2, 51103 Köln, Fax: +49 221 / 9822-4934, nfp@malteser.org to use your data in future transactions.

Cancellation see terms and conditions

I herewith accept the conditions of entry (see reverse page). I have noted the cancellation declaration.

Date / Signature

General Standard Terms and Conditions for participation in the International Conference on Natural Family Planning by Malteser Arbeitsgruppe NFP.

Registration

The procedures for registration can be found in the relevant notice advertising the course/opportunity in question. Registration must be made in writing (letter, fax or e-mail) using the registration form. Once registration has taken place, confirmation of receipt will be issued. Registration is binding once the contribution for the course/development opportunity has been paid, and can only be cancelled under the conditions set out under "Deregistration/cancellation" below. The consumer's statutory right of withdrawal is not thereby affected. Registration does not confer an automatic right to participate.

Deregistration/cancellation

Cancellation must always be made in writing.

Cancellation periods:

Up to 41 calendar days before start of course/development opportunity, free of charge

40 to 31 calendar days before start of course/development opportunity, 40% of the contribution for the course/development opportunity

30 to 15 calendar days before start of course/development opportunity, 60% of the contribution for the course/development opportunity

14 to 3 calendar days before start of course/development opportunity, 80% of the contribution for the course/development opportunity

2 to 0 calendar days before start of course/development opportunity, 100% of the contribution for the course/development opportunity

A substitute participant may of course be nominated at any time. Where a contract is signed with the latter, the cancellation charge will no longer apply.

If the participant can show that the loss sustained by Malteser Deutschland is substantially smaller than that implied by the cancellation charge, then, instead of the cancellation charge, an amount should be paid that compensates the loss in question. If the participant can show that Malteser Deutschland has sustained no loss at all, the cancellation charge will be waived.

Cancellation of events

Malteser Deutschland reserves the right to cancel the relevant training courses and development opportunities if there are compelling reasons for it to do so. The participants will be informed of such cancellation without undue delay. Compel-

ling reasons include an insufficient number of registered participants or other unforeseeable circumstances. If the event does not take place for reasons that are due to Malteser Deutschland, any course/development opportunity fees that have already been paid will be reimbursed in full. Otherwise, the liability of Malteser Deutschland is governed by the following special terms and conditions.

Liability

In the event that Malteser Deutschland, a legal representative or an agent of Malteser Deutschland is found to be negligent, the liability of Malteser Deutschland for a material breach of contract is limited to those damages that might typically be foreseen. Otherwise, Malteser Deutschland cannot be held liable in a case of negligence. Notwithstanding the above, Malteser Deutschland is liable for damages arising from loss of life, injury or loss of health that are due to an intentional or negligent breach of duty on the part of Malteser Deutschland or an intentional or negligent breach of duty on the part of an agent of Malteser Deutschland.

Certificate/evidence of participation

On completion of the further training, development or education that is provided, the participant will receive a certificate/evidence of participation listing the main contents of the course/session.

Right to make changes

Details are subject to alteration during the course of the programme, as is the attendance of the advertised speakers. Such alterations will only be undertaken for compelling reasons, and the overall character and quality standard of the event will be retained. Changes of this nature cannot constitute grounds for withdrawing from the binding registration.

Declaration in respect of data protection

During the course of registration for a training course/development opportunity, personal data of the participants will be collected and stored. The personal data will be stored for the duration of the customer relationship. Otherwise, the data will be deleted in accordance with the statutory provisions.

Organiser

Malteser Deutschland with the relevant specialist department Arbeitsgruppe NFP.

Notice on withdrawal

Notice on withdrawal in the case of a consumer

Under section 13 of the German Civil Code (BGB), a consumer is "any natural person who enters into a legal transaction for purposes that predominantly are outside his trade, business or profession". Consumers who register via a means of long-distance communication (e.g. by standard mail) have a right of withdrawal as set out below.

Right of withdrawal

You have the right to withdraw from the contract in question within fourteen days without any obligation to state your reasons (cooling-off period). The cooling-off period is fourteen days from the date the contract was signed. To exercise your right of withdrawal, you must inform us, Malteser Deutschland, Erna-Scheffler-Str. 2, 51103 Köln, (Tel. +49 221/9822-4927, Fax: +49 221/9822-4934, e-mail: nfp@malteser.de or gup@malteser.de), by sending us a letter, fax or e-mail, stating clearly and unequivocally your intention to withdraw from this contract. You are free to use the enclosed withdrawal form template, but this is not a requirement. In order to comply with the cooling-off period, it

is sufficient to ensure that notification of your intention to exercise your right of withdrawal is sent before the period expires.

Consequences of withdrawal

If you withdraw from the contract in question, we are obliged to reimburse you all payments we have received from you, including the delivery costs (except for additional costs due to your opting for a type of delivery other than the cheapest standard delivery offered by us). We must do this immediately and not later than fourteen days from the date on which we received notification of your withdrawal from this contract. In making this reimbursement, we will use the same means of payment as you did for the original transaction, unless there is an express agreement between us to the contrary. Under no circumstances will any administrative charges be deducted from this repayment. If you requested that provision of the service commence during the cooling-off period, you must pay us a reasonable amount, corresponding to that part of the services already provided up until the time you informed us of your intention to exercise your right of withdrawal in respect of this contract in proportion to the total scope of the services provided for in the contract.

Withdrawal form template

If you intend to withdraw from the contract, you can use this withdrawal form:

To Malteser Arbeitsgruppe NFP, Erna-Scheffler-Str. 2, 51103 Köln, Fax: 0221 9822-4934, E-mail: nfp@malteser.org

I/we _____

hereby withdraw from the contract I/we entered into concerning the provisi-

on of the following service _____

Authorised on _____

Name of consumer(s) _____

Address of consumer(s) _____

Signature of consumer(s) (only in case of non-electronic notification)

Date _____

End of the notice on withdrawal